Para entender como usar os códigos, assista a esta aula:  
<https://www.youtube.com/watch?v=HxwtR5hSArA>  
Segue o código:  
  
selector {

transition: all 1s ease;

}

selector .mudacor {

transition: all 1s ease;

}

selector .mudacor h2 {

transition: all 1s ease;

}

selector .mudacor .elementor-icon svg {

transition: all 1s ease;

}

selector:hover {

box-shadow: 0px 0px 50px 10px #A6BFE6;

transition: all 1s ease;

transform: translateY(-10px);

}

selector:hover .mudacor {

color: white;

transition: all 1s ease;

}

selector:hover .mudacor h2 {

color: white;

transition: all 1s ease;

}

selector:hover .mudacor .elementor-icon svg {

fill: white;

transition: all 1s ease;

}